 PERSONAL

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| Name | : Subindra Adhikari (Mr.) |
| Profession / Type | : Experienced Trekking Guide |
| Office location | : Chaksibari Marg 29,Thamel, Kathmandu, Nepal |
| Expertise | : Recognized Professional Independent trekking guide for various regions of Nepal |
| Destination Experiences | : Everest Regions, Annapurna Regions, Langtang Regions, Ganesh Himal, Manaslu Himal, World Heritage sites, National Parks like Chitwan and other adventures such as Rafting. |
| Contact | : 9841813282(Mobile) / [info@subindra.com](mailto:info@subindra.com) / [subindra42@hotmail.com](mailto:subindra42@hotmail.com) |

 EDUCATION + PROFESSION

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|  | Bachelor in History and Political Science | 2009 (Completed) |
|  | **Marine Medical Clinic (Seafarer’s Training Institute) Shahid Bhagat Singh Road, Fort, Mumbai- 400 001, India** Personal Survival Techniques Training | **2008** |
|  | **Marine Medical Clinic (Seafarer’s Training Institute) Shahid Bhagat Singh Road, Fort, Mumbai- 400 001, India** Elementary First Aid Training | **2008** |
|  | **Marine Medical Clinic (Seafarer’s Training Institute) Shahid Bhagat Singh Road, Fort, Mumbai- 400 001, India** Personal Safety and Social Responsibility Training | **2008** |
|  | **Marine Training Acedemy, Udyog Bhavan, Sonawala Lane, Goregaon(E), Mumbai- 400063, India** Fire Preventing and Fire Fighter Training | **2008** |

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| ❻ | Annapurna Vision trekking ****Pvt. Ltd., address, Kathmandu****  Worked as a trekking guide. | 2003-2004 |
| ❼ | **Encounters Nepal Pvt. Ltd., Thamel Marg, Kathmandu**  Worked as a trekking guide. | **2005-2007** |
| ❽ | **Himalayan Spirit Adventure Pvt. Ltd.,** **Chaksibari Marg 29,Thamel, Kathmandu**  Worked as a trekking guide. | **2008-2010** |
| ❾ | **Visit Nepal Trekking Expedtiton Pvt. Ltd., address, Kathmandu**  Worked as a trekking guide. | **2010(March-Dec)** |
| ❿ | **Himalayan Spirit Adventure Pvt. Ltd.,** **Chaksibari Marg 29,Thamel, Kathmandu**  Worked as a trekking guide. | **2011 (Jan To Present)** |

 SERVICE SKILLS  PERSONAL SKILLS

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|  | good perfect |  | good perfect |
| Everest Regions |  | **English Speaking** |  |
| Annapurna Regions |  | **Team Work** |  |
| Other Mountain Destinations |  | **Internet &**  **Communication** |  |
| Wildlife Destinations |  | **Networking** |  |
| Guided Walking Tours |  | **Honesty** |  |
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Thank you for reviewing my Trekking Portfolio. Please do not hesitate to contact me, especially if you are travelling to Nepal. You are already welcomed

Yours Truly,

**Subindra Adhikari**

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